

Suggested COMT Personal Response Kit

This list is a suggested list of resources a COMT may need upon deployment. The COMT should be prepared to be self- supporting for at least 48 hours. Kit items will be highly personalized, depending on the individual's needs and the physical regional situations.

✓	Personal Response Kit Items
	Work/safety boots
	Safety glasses with dark and clear lens
	Leather work gloves
	ANSI compliant safety vest
	2 forms picture ID (driver's license/employer ID)
	Rain gear
	Ear plugs
	Cap/hat
	Pens, pencils and sharpie
	Pocket size notebook
	Cash (small bills and change)
	Credit card
	Spare eye glasses of current prescription
	Small pocket compass
	Cell phone charger
	Flashlight w/batteries
	Any medications you need (prescription/non-prescription)
	Bottled water
	MRE's
	Extra socks
	Extra underwear
	Trash bag(s)
	Toiletry kit
	Toilet paper
	Deodorant
	Soap
	Small towel
	Toothbrush/toothpaste

✓	Personal Response Kit Items
	Hand lotion
	Nail clippers
	Sunscreen
	Lip balm
	Moleskin Padding
	Hand sanitizer/wipes
	ICS Forms (201, 205, 213, 214, 217A)
	Inventories or other lists of local and regional

Other suggested lists can be found at:

http://www.nasar.org/nasar/downloads/NASAR_SARTECHTM_